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SEXUAL ASSAULT SERVICES TRAINING ACADEMY (SASTA)

The West Virginia Foundation for Rape Information and Services (WVFRIS) offers online training via its Sexual Assault Services Training Academy (SASTA) at www.sasta.fris.org. SASTA is a forum for sharing collective knowledge and providing foundational information for those tasked in the criminal justice and social service delivery systems with responding to victims of sexual assault, human trafficking and stalking in West Virginia.

****Coming Soon**

- **3 modules on Child Sexual Abuse**
- **2 modules on Health Equity**

SASTA COURSES

(Note: Most courses are organized into topical courses and include downloadable materials.)

Sexual Violence and Related Crimes

Modules

- West Virginia Laws on Sexual Assault and Abuse
- Sexual Harassment
- Stalking
- Cybercrimes

Sexual Violence: Understanding Victimization

Modules

- Prevalence and Risk Factors
- Impact and Indicators of Sexual Violence
- Victim Trauma
- Gender Bias

- Victim Blaming
- Sex Offenders

Sexual Violence: Providing Services

Modules

- Confidentiality
- Crisis Intervention
- Safety Planning
- Mandatory Reporting
- Sexual Assault Forensic Medical Examination
- West Virginia Crime Victims Compensation Fund
- Victim Resources

Serving Victims with Disabilities

Modules

- Disability Laws
- Person First Language
- Tips for Communicating with Persons with Disabilities
- Accommodations
- Working with Victims with Mental Illnesses
- Self-Advocacy and Victims with Disabilities
- Guardianship and Conservatorship

Sexual Violence in Later Life

(This is a two-part single module course.)

Collaboration to Enhance Services

Modules

- Collaboration to Enhance Services: Getting Started
- Forming a Collaboration: An Initial Meeting
- Examining Your Collaboration
- Changing Social Systems

- Creating a Community Resource List
- Formalizing a Collaboration

Tools to Increase Access to Services

Modules

- Programmatic and Policy Accessibility Checklist
- Physical Accessibility Checklist for Existing Facilities
- A Review of Intake Practices
- Developing a Transition Plan

Human Trafficking

Modules

- What is Human Trafficking and What Advocates Need to Know
- Dynamics and Indicators of Human Trafficking
- Collaborative Response to Human Trafficking
- Advocating for Human Trafficking Victims

Serving Victims in Correctional Settings

Modules

- Introduction to the Course and Prison Rape Elimination Act
- Prevalence of Sexual Assault in Corrections
- Dynamics of Sexual Assault in Corrections
- Partnering with Correctional Staff
- Advocacy Strategies with Inmates/Youth in Detention

Sexual Violence Prevention

Modules

- Prevention Programming Self-Assessment
- Prevention Principles
- Framing Prevention Programming
- Prevention Programming Possibilities

- Prevention Programming Planning

Body Safety Education Grades K-12

Modules

- Be the Boss of Your Body K-4: Train the Trainer
- When the Child Trust You: Trauma-Informed Approach

Serving LGBTQ Victims

Modules

- Core Concepts, Victimization Rates, Intersections, and Implications
- Beliefs, Bias, and Bumpers: Implicit and Explicit Roadblocks to LGBTQ+ Welcoming Services
- Dismantling the Barriers of Access for LGBTQ Survivors
- Putting it On Paper: Documenting and Asking About LGBTQ+ Identities and Experiences
- Southern Hospitality: Creating a Truly Welcoming Environment for LGBTQ+ Survivors

Trauma-Informed Victim Interviewing

(This is a two-part single module course)

College Campus Training

Module 1 Lessons

- Scope of the Problem
- College Responsibilities
- Response to Disclosures

Module 2 Lessons

- Risk and Protective Factors
- Bystander Intervention

Adult/Adolescent Sexual Assault Nurse Examiner Online Training

(This course was developed for qualified individuals as part of a didactic training to become a trained sexual assault forensic examiner in WV.)

Modules/Units

- Getting Started
- Unit 1: History of SANE
- Unit 2: Role of a SANE
- Unit 3: Sexual Assault Response Team
- Unit 4: Ethics
- Unit 5: Sexual Assault
- Unit 6: Role of the Advocate
- Unit 7: Impact of Sexual Victimization*
- Unit 8: West Virginia Crime Victims Compensation Fund*
- Unit 9: West Virginia Sexual Assault Laws (Parts 1 and 2)
- Unit 10: A Standard of Care for Victims
- Unit 11: Role of Law Enforcement*
- Unit 12: Sex Offenders*
- Unit 13: Role of the Prosecutor
- Unit 14: Testimony*
- Unit 15: Sexual Assault Evidence Collection Kit*
- Unit 16: Role of the Forensic Scientist*
- Unit 17: Drug Facilitated Sexual Assault
- Unit 18: Sexually Transmitted Infections (STIs)*
- Unit 19: Individual Factors**
- Unit 20: Photography*
- Unit 21: Developing Your SANE Program
- Unit 22: Collaboration
- Unit 23: Interviewing Techniques
- Unit 24 Trace Evidence and Alternative Light Sources

- Unit 25 Injury and Wound Terminology
- Unit 26 Techniques for Injury and Wound Assessment
- Unit 27 Strangulation
- Unit 28 Complex Reactions to Trauma
- Unit 29 Cultural Diversity
- Unit 30 Victim Centered and Trauma Informed
- Unit 31 Vicarious Trauma and Self-Care
- Unit 32 Working with Victims with Mental Illnesses
- Unit 33 Sexual Violence in Later Life*

*Indicates module has Part 1 and 2

**Indicates modules has Part 1, 2 and 3

****Coming Soon**

- **Pediatric/Adolescent Sexual Assault Nurse Examiner Course Online Training**

WVFRIS Online Advocate Training

(This course is only available to advocates currently employed at a WV Rape Crisis Center and is 'Component 1' of the advocate certification process.)

GETTING STARTED

Topics/Modules

- Getting Started and Introduction to the Training
- Foundations of Advocacy
- Ethical Practice

INTRODUCTION TO SEXUAL VIOLENCE

Topics/Modules

Overview and Related Laws

- WV Laws on Sexual Assault and Abuse
- Prevalence and Risk Factors
- Mandatory Reporting
- Confidentiality

Related Offenses

- Sexual Harassment
- Human Trafficking
- Stalking
- Cybercrimes

Dynamics and Effects of Sexual Violence

- Impact and Indicators of Sexual Violence
- Understanding Victim Trauma
- Gender Bias
- Victim Blaming
- Sex Offenders

Culture, Diversity and Inclusion

ADVOCACY RESPONSE AND SKILLS

Topics/Modules

Victim-Center, Trauma-Informed Response

Basics of Listening and Communicating

- Active Listening
- Crisis Intervention
- Hotline Calls
- Response to Complex Situations and Needs
- Response of/to Significant Others
- Person First Language
- Tips for Communicating with Persons with Disabilities

Identifying Options and Making Referrals

- Victim Resources
- West Virginia Crime Victims Compensation Fund

Safety Planning

Health Care Advocacy

- Introduction to Health Care Advocacy
- Sexual Assault Forensic Medical Examination

Legal Advocacy

- Introduction to Legal Advocacy
- Criminal Justice System Advocacy
- Civil Legal Advocacy

Vicarious Trauma and Self-Care

10-14-22